

Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

October 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be served regular milk		1) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	2) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
5) Meatless Mondays ww Cheese Stuffed Ravioli with Marinara Sauce ½ c, Cucumber Slices ½ C, Fruit apple ¼ c DF: Turkey Sandwich	6) Chicken Stir fry W/Italian Blend Yellow Rice ½ c Fruit 4 oz Sliced. Pears W/Grated Parm	7) Spaghetti W/Turkey Sauce 4oz. Green Beans ½ c Fruit 4 oz. Fruit Cocktail VE: Without Meat	8) Chicken Nuggets 4ea Silver Dollar Fries ½ c Corn ½ c, Wheat Bread 1ea. Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	9)ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
12) Meatless Mondays Baked ww Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	13) Fish Sticks (4ea) Mashed Potatoes ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c, Chilled Fruit or Orange (4 oz.)	14) ww Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼ c	15) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ½ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	16)ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
19) Meatless Mondays ww Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit Apple ¼ c DF: Turkey Sandwich	20) ww Spaghetti W/Turkey Sauce 4 oz. Green Beans ½ c Fruit 4 oz. Fruit Cocktail VE: Without Meat	21) Chicken Nuggets 4ea Potato Fries ½ c, Wheat Bread 1ea. Corn ½ c Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	22) BarBQ Chicken W/Italian Blend Yellow Rice ½ c Fruit 4 oz Sliced. Pears W/Grated Parm	23) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers, Fruit 4 oz Apple DF: Turkey Sandwich
26) Meatless Mondays - ww Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼c	27) Turkey and Cheese on Wheat Bread 1ea. Veggie Beans ½ c, Sweet Potato ½ c, Fruit Cocktail ¼ c VE: Cheese on Wheat	28) Cheese Stuffed ww Ravioli with Marinara Sauce ½ c, Cucumber Slices ½ C, Fruit Apple ¼ c DF: Turkey Sandwich	29) Fish Sticks (4 ea.) Mashed Potatoes ½ c Mixed Vegetables ½ c Chilled Fruit or Orange (4 oz.)	30) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich

Healthy Bytes LLC 855 Hamilton St. Somerset, NJ 08873

of foodborne illness, especially if you have certain medical conditions.

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk

This institution is an equal opportunity provider. NOTE: Menu items may

change based on purveyor product availability. [We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.](#)